

Family Diabetes Checklist

Plans:

- Inform teacher(s) of diabetes diagnosis.
- Review 504/IEP plan for the new school year.
- Provide the school with new or updated Diabetes Questionnaire. This should be provided **at least 2 weeks** prior to the start of the school year.
- Consider signing the "Authorization for the Release of Information". This allows the school to communicate with your child's healthcare provider to better understand your child's needs.
- Provide the school with clinic diabetes orders from the licensed provider each year.
- Provide the school with updated phone numbers and emergency contacts and update as needed.

Supplies for Health Office: (unless only self-carries)

- Glucagon
- Snacks for low blood sugars
- Water bottles for high blood sugars
- Glucometer and test strips
- Pump supplies
- Ketone strips

Maintenance and Prevention:

- Introduce yourself and your child to the teachers (including PE, art, music, etc.), school secretaries, school cooks, bus drivers and anyone else from the school that may have contact with your child.
- Notify the school health office if your child participates in school sponsored after school activities or school sports.
****The health office and school nurse do not know what activities your child is involved in. A plan should be in place for diabetes and emergency care for after-school events. Parents should notify the appropriate staff.**
- **It is recommended that students carry a bag with needed diabetes supplies with them at all times (i.e. snacks for lows, glucagon, glucometer, etc.). It is unknown when your child may need a snack and in an emergency it should be near them. The school DOES NOT supply snacks in classrooms. In the event of a lockdown or other emergency, there may not be snacks available unless they carry at all times.**
 - Get tag from health office for self-carry bag. (informs staff that the student is able to have a bag- DMS and AAHS only).
- Have a plan for field trips. Talk with health office staff and teacher(s) prior to field trips.

****Health office staff will be at school during Open House/Orientation and it is a good time to bring in paperwork and supplies.**